

满庭红川菜馆

CHINA RED RESTAURANT





A009

头盘 Appetiser

A001	拼盘 Mixed Starter (Min 2 Heads) (Vegetable Spring Rolls, Prawn Toast, Crispy Wonton, Spare - Ribs and Chicken Wings)	Per Head £13.00
A002	虾多士 Sesame Prawn Toast	£4.50
A003	素春卷 Vegetable Spring Rolls	£4.50
A004	炸云吞 Crispy Won Ton	£4.50
A005	鸡汁煎饺 Pan Fried Pork Dumplings	£7.50
A006	素菜煎饺 Pan Fried Vegetable Dumplings	£7.50
A007	椒盐排骨 Salt & Pepper Spare Ribs	£8.50
A008	椒盐鸡翅 Salt & Pepper Chicken Wings	£9.50
A009	香酥鸭 Aromatic Crispy Duck (Served with Spring Onion, Cucumber, Hoi Sin Sauce and Pancake)	Half £19.50 Whole £39.00



A003



A006



A008

风味凉菜 Cold Platter

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| B001 | 川味拼盘
Marinated Meat Platter (Beef, Tripe, Pig Ears and Pork Tripe) 🌶️🌶️ | £15.50 |
| B002 | 家乡口水鸡
Steamed Chicken in Spicy Sauce 🌶️🌶️ | £10.50 |
| B003 | 姜葱豉油鸡
Steamed Chicken with Soy Sauce | £10.50 |
| B004 | 蒜泥白肉
Sliced Pork Belly in Garlic Sauce 🌶️🌶️ | £10.50 |
| B005 | 椒麻鱿鱼
Squid with Sesame Oil & Szechuan Pepper 🌶️ | £10.50 |
| B006 | 夫妻肺片
Beef & Tripe in Spicy Sauce 🌶️🌶️ | £10.50 |
| B007 | 五香牛肉
Spice Marinated Sliced Beef 🌶️ | £10.50 |
| B008 | 香辣牛肚
Spicy Beef Tripe 🌶️ | £10.50 |
| B009 | 麻辣肚丝
Shredded Pig Tripe in Chili Sauce 🌶️ | £10.50 |
| B010 | 红油耳片
Sliced Pig Ears in Chili Sauce 🌶️ | £10.50 |
| B011 | 风味牛百叶
Ox Tripe in Chili & Peppercorn 🌶️ | £10.50 |
| B012 | 青椒皮蛋
Preserved Eggs with Pepper 🌶️ | £10.50 |
| B013 | 椒拌藕片
Lotus Root with Sesame Oil & Szechuan Pepper 🌿🌶️ | £9.50 |
| B014 | 香油豆皮
Dried Bean Curd with Sesame Oil 🌿 | £9.50 |
| B015 | 凉拌黄瓜
Cucumber with Vinegar & Chili 🌿🌶️ | £9.50 |

风味凉菜 Cold Platter



川味拼盘 B001
Marinated Meat Platter



B006 夫妻肺片
Beef & Tripe in Spicy Sauce



B010 红油耳朵
Sliced Pig Ears in Chili Sauce



B012 青椒皮蛋
Preserved Eggs with Pepper



C001

汤羹 Soup

C001	鸡茸粟米羹 Chicken & Sweet Corn Soup	£4.50	C006	番茄鸡蛋汤 Tomato & Egg Soup	£4.00
C002	西湖牛肉羹 Minced Beef & Tofu Soup	£4.50	C007	时蔬豆腐汤 Tofu & Vegetable Soup	£4.00
C003	酸辣虾羹汤 🌶️🌶️ Hot & Sour Soup with Shrimps	£4.50	C008	紫菜蛋花汤 Dried Seaweed & Egg Soup	£4.00
C004	豆腐鱼片汤 Fish Fillet & Tofu Soup	£4.50	C009	咸菜猪肚汤 🌶️ Pig Tripe & Pickled Veg Soup	£5.50
C005	榨菜肉丝汤 Pickled Vegetable & Shredded Pork Soup	£4.50	C010	云吞汤 Wonton Soup	£4.50



C002



C006



C010

海鲜类 Seafood Dishes

D001	麻辣水煮鱼	Poached Sliced Fish in Hot Chili Oil 🌶️🌶️🌶️	£15.50
D002	沸腾鱼	Boiled Fish with Bean Sprout in Hot Chili Oil 🌶️🌶️🌶️	£18.50
D003	川东泼辣鱼	Boiled Fish in Special Green Chili Oil 🌶️🌶️🌶️	£18.50
D004	重庆酸菜鱼	Boiled Fish with Pickled Cabbage & Chili 🌶️🌶️🌶️	£18.50
D005	飘香回锅鱼	Sauteed Fish Fillet with Pepper & Chili 🌶️🌶️	£13.50
D006	泡椒溜鱼片	Stir Fried Fish Fillet with Pickled Chili 🌶️	£12.50
D007	糖醋瓦块鱼	Sweet & Sour Fish Fillet	£13.50
D008	豆花鱼片	Stir Fried Fish Fillet with Tofu 🌶️	£12.50
D009	干烧鱼	Stir Fried Whole Seabass with Minced Pork & Chili 🌶️	£22.00
D010	剁椒蒸鲈鱼	Steamed Seabass with Chopped Chilies 🌶️🌶️	£22.00
D011	松鼠鱼	Fried Whole Seabass Fillet in Sweet & Sour Sauce	£22.00
D012	糖醋脆皮鱼	Fried Whole Seabass in Sweet & Sour Sauce	£22.00
D013	清蒸鲈鱼	Steamed Whole Seabass in Soy Sauce	£22.00
D014	炆锅鱼	Stir Fried Seabass with Chili Bean Paste 🌶️🌶️🌶️	£22.00
D015	干锅大虾	Spicy Drypot King Prawn (with shell) 🌶️🌶️🌶️	£19.50
D016	辣子虾	Fried King Prawn with Dried Chilies (with shell) 🌶️🌶️🌶️	£19.50
D017	香辣大虾	Stir Fried King Prawn in Spicy Sauce (with shell) 🌶️🌶️	£19.50
D018	椒盐大虾	Salt & Pepper King Prawn (with shell) 🌶️	£19.50
D019	蒜蓉粉丝蒸大虾	Steamed King Prawn with Garlic & Vermicelli (with shell)	£19.50
D020	姜葱大虾	Stir Fried King Prawn with Ginger & Onion (with shell)	£19.50
D021	酸辣大虾	Stir Fried King Prawn in Hot & Sour Sauce (with shell)	£22.50
D022	西兰花炒鲜虾球	Stir Fried King Prawn with Broccoli	£14.50
D023	椒盐炸虾球	Salt & Pepper King Prawn 🌶️	£16.50
D024	香辣炸虾球	Deep Fried King Prawn with Black Bean & Chili 🌶️🌶️	£16.50
D025	金沙炸虾球	Deep Fried King Prawn with Salted Egg	£16.50



D002



D005

海鲜类 Seafood Dishes

D026	咕嚕大虾	Sweet and Sour King Prawn	£16.50
D027	宫保虾球	Gong-po King Prawn	£16.50
D028	辣子虾球	Deep Fried King Prawn with Dried Chilies 🌶️	£16.50
D029	川味豆豉虾球	Stir Fried King Prawn in Black Bean Sauce	£16.50
D030	姜葱炒虾球	Stir Fried King Prawn with Ginger & Onion	£16.50
D031	大虾咖喱	King Prawn Curry	£16.50
D032	香辣鱿鱼须	Deep Fried Squid Tentacles with Chili 🌶️🌶️	£13.50
D033	椒盐鱿鱼须	Salt & Pepper Squid Tentacles 🌶️	£13.50
D034	干煸鱿鱼须	Stir Fried Squid Tentacles with Chili & Pepper 🌶️🌶️	£13.50
D035	锅巴鱿鱼	Stir Fried Squid (Served with Rice Crisps)	£13.50
D036	腰果炒鲜鱿	Stir Fried Squid with Cashew Nuts	£13.50
D037	香辣鱿鱼	Deep Fried Squid with Black Bean & Chili 🌶️🌶️	£13.50
D038	椒盐鲜鱿	Salt & Pepper Squid 🌶️	£13.50
D039	豆豉炒鲜鱿鱼	Stir Fried Squid in Black Bean Sauce	£13.50
D040	海味烩三鲜	Stir Fried Mixed Seafood & Crab Stick	£12.50
D041	香辣肉蟹	Sauteed Crab in Spicy Sauce	£18.50
D042	姜葱肉蟹	Stir Fried Crab with Ginger & Onion	£18.50
D043	酸辣蟹	Sauteed Crab in Hot & Sour Sauce 🌶️🌶️🌶️	£20.50
D044	咸蛋黄焗蟹	Sauteed Crab in Salted Egg	£20.50
D045	西兰花炒鲜带子	Stir Fried Scallops with Broccoli	£16.50
D046	老干妈粉丝蒸带子	Steamed Scallop with Chilli & Black Bean 🌶️	Each £4.20
D047	蒜蓉粉丝蒸带子	Steamed Scallop with Garlic & Vermicelli	Each £4.20
D048	豉汁蒸青口	Steamed Mussel in Black Bean Sauce	£13.50
D049	蒜蓉粉丝蒸青口	Steamed Mussel with Garlic & Vermicelli	£13.50
D050	海鲜咖喱	Mixed Seafood Curry	£13.50



D032



D048



E003



E013



E018

牛肉类 Beef Dishes

E001	水煮牛肉   	£16.50	E014	牛腩火锅粉丝煲   	£13.50
	Poached Sliced Beef in Hot Chili Oil			Braised Beef Brisket with Potato Noodle in Hot Pot	
E002	川味豆豉牛肉	£13.50	E015	土豆牛腩煲  	£13.50
	Stir Fried Beef in Black Bean Sauce			Braised Beef Brisket with Potato in Hot Pot	
E003	川味红烧牛腩 	£13.50	E016	黑椒牛仔骨 	£16.50
	Braised Beef Brisket in Chili Bean Paste			Stir Fried Beef Brisket in Black Pepper Sauce	
E004	豆花牛肉  	£13.50	E017	干煸牛仔骨   	£16.50
	Stir Fried Beef with Tofu			Stir Fried Beef Brisket with Chilli & Pepper	
E005	青瓜烩牛柳	£13.50	E018	干煸牛柳丝   	£13.50
	Stir Fried Fillet Steak with Cucumber			Stir Fried Beef with Chilli & Pepper	
E006	泡椒芹菜牛肉  	£13.50	E019	咖喱牛肉	£13.50
	Stir Fried Fillet Steak with Celery & Pickled Chili			Beef Curry	
E007	香辣孜然牛肉   	£13.50	E020	芫爆牛肚丝	£13.50
	Fried Beef with Cumin			Stir Fried Beef Tripe with Coriander & Onion	
E008	干牛丝	£13.50	E021	干煸牛肚丝  	£13.50
	Crispy Shredded Beef			Stir Fried Beef Tripe with Chilli & Pepper	
E009	椒盐干牛丝 	£13.50	E022	葱爆牛肉	£12.50
	Salt & Pepper Crispy Shredded Beef			Stir Fried Beef with Onion	
E010	麻辣干牛丝   	£13.50	E023	姜葱炒牛肉	£12.50
	Crispy Shredded Beef with Chili & Pepper			Stir Fried Beef with Ginger & Onion	
E011	黑椒炒牛肉 	£13.50			
	Stir Fried Beef in Black Pepper Sauce				
E012	蒜苔炒牛肉	£13.50			
	Stir Fried Beef with Garlic Sprout				
E013	萝卜辣味牛腩煲   	£13.50			
	Braised Beef Brisket with Mooli in Hot Pot				

羊肉类 Lamb Dishes

F001	水煮羊肉	Poached Lamb in Hot Chilli Oil 🌶️🌶️🌶️	£16.50
F002	泡椒蒜苗羊肉	Stir Fried Lamb with Celery & Pickled Chilli 🌶️	£13.50
F003	香辣孜然羊肉	Fried Lamb with Cumin 🌶️🌶️🌶️	£14.50
F004	葱爆羊肉	Stir Fried Lamb with Onion	£13.50
F005	香辣羊排	Lamb Ribs with Spice 🌶️🌶️🌶️	£14.50
F006	枝竹羊腩煲	Stewed Lamb Ribs	£16.50
F007	芫荽炒烤羊	Stir Fried Lamb with Coriander & Onion 🌶️🌶️	£14.50
F008	黄焖羊腩煲	Stewed Lamb Ribs with Spice 🌶️🌶️🌶️	£16.50
F009	羊肉炒粉条	Stir Fried Lamb with Potato Noodle 🌶️🌶️	£13.50
F010	咖喱羊肉	Lamb Curry	£13.50
F011	姜葱羊肉	Stir Fried Lamb with Ginger & Onion	£13.50
F012	黑椒炒羊肉	Stir Fried Lamb in Black Pepper Sauce	£13.50



F004



F006



G004

鸭肉类 Duck Dishes

G001	尖椒爆仔鸭	Stir Fried Duck with Pepper & Pickled Chilli 🌶️	£12.50
G002	鸭脯烩冬瓜	Steamed Duck with Winter Melon	£13.50
G003	香菇烧鸭	Stir Fried Duck with Chinese Mushroom 🍄	£12.50
G004	风味啤酒鸭	Stewed Duck with Beer 🍷	£12.50
G005	香煎糯米鸭	Pan-fried Duck Slices with Glutinous Rice	£13.50
G006	豉椒炒鸭脯	Stir Fried Duck in Black Bean Sauce	£12.50
G007	姜葱炒鸭脯	Stir Fried Duck with Ginger & Onion	£12.50
G008	鸭脯咖喱	Duck Curry	£12.50



G001



G005



鸡肉类 Chicken Dishes

H001 辣子鸡	Fried Diced Chicken with Dried Chilies 🌶️🌶️🌶️	£12.50
H002 尖椒爆仔鸡	Stir Fried Chicken with Pepper & Pickled Chilli 🌶️🌶️	£11.50
H003 香菇烧鸡	Stir Fried Chicken with Chinese Mushroom 🍄	£11.50
H004 泡椒鸡丁	Stir Fried Chicken with Celery & Pickled Chili 🌶️	£11.50
H005 宫保鸡丁	Gongpo Chicken with Diced Cucumber & Peanuts 🌶️	£11.50
H006 莲藕炆炒鸡丁	Stir Fried Chicken with Lotus Root & Dried Chili 🌶️	£11.50
H007 山椒碎米鸡	Stir Fried Chicken with Pickled Chili & Sweet Corn 🌶️🌶️	£11.50
H008 孜然鸡丁	Stir Fried Chicken with Cumin 🌶️🌶️	£11.50
H009 鱼香鸡块	Stir Fried Chicken in Sourly Sauce 🌶️	£11.50
H010 酸菜辣味鸡块煲	Braised Chicken with Pickled Cabbage in Hot Pot 🌶️🌶️🌶️	£12.50
H011 香锅风味鸡	Stir Fried Chicken with Rice Cake in Hot Pot 🌶️🌶️	£12.50
H012 椒盐鸡丁	Salt & Pepper Chicken 🌶️	£12.50
H013 咖喱鸡丁	Chicken Curry	£11.50
H014 咕嚕鸡丁	Sweet & Sour Chicken	£11.50
H015 腰果炒鸡丁	Stir Fried Chicken with Cashew Nut	£11.50
H016 姜葱炒鸡丁	Stir Fried Chicken with Ginger & Onion	£11.50
H017 川味豆豉鸡丁	Stir Fried Chicken in Black Bean Sauce	£11.50
H018 黑椒炒鸡丁	Stir Fried Chicken in Black Pepper Sauce	£11.50

猪肉类 Pork Dishes

I001	麻辣水煮肉片	Poached Sliced Pork in Hot Chilli Oil 🌶️🌶️	£16.50
I002	回锅肉	Twice Cooked Pork Belly with Pepper 🌶️	£13.50
I003	莲白回锅肉	Stir Fried Pork Belly with Cabbage 🌶️	£13.50
I004	农家小炒肉	Stir Fried Pork Belly with Pepper & Chilli 🌶️🌶️	£13.50
I005	锅巴肉片	Stir Fried Pork (served with Rice Crisps)	£13.50
I006	川味家乡扣肉	Braised Pork Belly with Preserved Vegetable	£16.50
I007	鱼香肉丝	Stir Fried Shredded Pork with Sourly Sauce 🌶️	£11.50
I008	泡菜炒肉丝	Stir Fried Shredded Pork with Pickled Vegetable 🌶️	£11.50
		(Add Vermicelli)	£1.00
I009	芫荽爆炒肉丝	Stir Fried Shredded Pork with Coriander & Onion	£11.50
I010	青椒肉丝	Stir Fried Shredded Pork with Pepper	£11.50
I011	夹饼酱肉丝	Stir Fried Shredded Pork with Peking Sauce (served with Pancakes)	£12.50
I012	椒盐里脊	Salt & Pepper Diced Pork 🌶️	£11.50
I013	糖醋里脊	Sweet & Sour Diced Pork	£11.50
I014	红扒肘子	Braised Pork Hock	£15.50
I015	鱼香肘子	Stir Fried Pork Hock with Sourly Sauce 🌶️	£15.50
I016	肥肠火锅粉丝煲	Braised Pig Intestines with Spicy Sauce in Hot Pot 🌶️🌶️	£13.50
I017	酸菜辣味肠旺煲	Braised Pig Intestines & Blood Pudding with Pickled Cabbage in Hot Pot 🌶️🌶️	£13.50
I018	干煸肥肠	Fried Pig Intestines with Black Bean & Chili 🌶️	£13.50
I019	香辣肥肠	Fried Pig Intestines with Chilli 🌶️	£13.50
I020	红烧肥肠	Braised Pig Intestines 🌶️	£13.50



I006



I007

猪肉类 Pork Dishes

I021	辣子肥肠	Fried Pig Intestines with Dried Chilies 🌶️🌶️🌶️	£13.50
I022	尖椒爆肥肠	Stir Fried Pig Intestines with Pepper & Pickled Chili 🌶️🌶️	£13.50
I023	葱烧肚條	Stir Fried Pig Tripe with Onion	£11.50
I024	双椒爆肚條	Stir Fried Pig Tripe with Chilli & Pepper 🌶️🌶️	£11.50
I025	芫荽爆炒肚丝	Stir Fried Pig Tripe with Onion & Coriander 🌶️	£11.50
I026	土豆辣味排骨煲	Braised Pork Ribs with Potato in Hot Pot 🌶️🌶️🌶️	£13.50
I027	冬瓜辣味排骨煲	Braised Pork Ribs with Winter Melon in Hot Pot 🌶️🌶️🌶️	£13.50
I028	椒盐排骨	Salt & Pepper Pork Ribs 🌶️	£12.50
I029	香酥排骨	Deep Fried Pork Ribs with Minced Garlic & Spicy Salt 🌶️🌶️	£12.50
I030	糖醋排骨	Pork Ribs in Sweet & Sour Sauce	£12.50
I031	红烧排骨	Braised Pork Ribs with Pepper 🌶️	£12.50
I032	香辣美容蹄	Pork Trotters Seasoned in Hot & Spicy Sauce 🌶️🌶️	£13.50
I033	风味啤酒蹄花	Stewed Pork Trotters with Beer 🌶️🌶️	£13.50
I034	蚂蚁上树	Clear Noodles with Minced Pork 🌶️🌶️	£10.50
I035	椒盐猪扒	Salt & Pepper Pork Chops 🌶️	£12.50
I036	京都猪扒	Pork Chops in Cantonese Sauce	£12.50
I037	咕嚕肉	Sweet & Sour Pork Cantonese Style	£11.50



清鲜时蔬 Fresh Seasonal Vegetable

J001	海米冬瓜	Stir Fried Winter Melon with Dried Shrimp	£13.50
J002	虎皮青椒	Pan Fried Chilli with Soy Sauce 🌶️🥬	£10.50
J003	西红柿炒蛋	Scrambled Egg with Tomato 🥬	£10.50
J004	虾仁炒蛋	Scrambled Egg with Prawn	£11.50
J005	蒸水蛋	Steamed Egg with Soy Sauce 🥬	£8.00
J006	肉末蒸蛋	Steamed Egg with Minced Pork	£10.50
J007	豆腐扒滑蛋	Steamed Egg, Luncheon Meat, Tofu & Seafood	£10.50
J008	虾仁蒸蛋	Steamed Egg with Prawn	£11.50
J009	松仁玉米	Sweet Corn with Pine Nuts 🥬	£10.50
J010	椒盐豆腐	Salt & Pepper Tofu 🥬🌶️	£10.50
J011	咕嚕豆腐	Sweet & Sour Tofu 🥬	£10.50
J012	家常豆腐	Fried Tofu with Sliced Pork & Pickled Chilli 🌶️ (Optional V)	£10.5
J013	麻婆豆腐	Ma-po Tofu (Optional V) 🌶️	£10.50
J014	海鲜玉子豆腐煲	Mixed Seafood with Egg Tofu	£12.50
J015	金针菇玉子豆腐煲	Enoki Mushroom with Egg Tofu 🥬	£12.50
J016	干煸四季豆	Stir Fried Flat Bean with Chilli (Optional V) 🌶️	£10.50
J017	青椒土豆丝	Stir Fried Shredded Potato with Pepper 🥬	£10.50
J018	酸辣土豆丝	Stir Fried Shredded Potato in Hot & Sour Style 🥬	£10.50
J019	椒盐土豆丝	Salt & Pepper Shredded Potato (Optional V) 🌶️	£11.50
J020	香菇菜心	Stir Fried Pak Choi with Chinese Mushroom 🥬	£12.50
J021	炆锅京白菜	Stir Fried Chinese Leaves with Dried Chilli 🥬🌶️	£10.50
J022	手撕包菜	Stir Fried Cabbage 🥬	£10.50
J023	年糕炒包菜	Stir Fried Cabbage with Rice Cake 🥬	£10.50
J024	糖醋包白菜	Stir Fried Cabbage with Sweet Vinegar 🥬	£10.50
J025	烧地三鲜	Stir Fried Potato, Aubergine & Pepper 🥬	£10.50
J026	鱼香茄子	Braised Aubergine in Sourly Sauce (Optional V) 🌶️	£10.50
J027	红烧茄子	Braised Aubergine with Pepper 🥬🌶️	£10.50
J028	咸鱼鸡粒茄子煲	Braised Aubergine & Diced Chicken with Salted Fish	£13.50
J029	上汤菠菜	Spinach with Preserved Egg, Minced Pork & Crab Stick	£13.50
J030	上汤大白菜	Chinese Leaves with Preserved Egg, Minced Pork & Crab Stick	£13.50
J031	白菜粉丝豆腐煲	Chinese Leaves, Tofu with Glass Noodle 🥬	£10.50
J032	蚝油生菜	Stir Fried Lettuce with Oyster Sauce 🥬	£10.50
J033	炆炒空心菜	Stir Fried "Tung-Choi" with Dried Chilli 🥬	£13.50

清鲜时蔬 Fresh Seasonal Vegetable

J034	蒜蓉空心菜	Stir Fried "Tung-Choi" with Garlic 🌿	£13.50
J035	椒丝腐乳空心菜	Stir Fried "Tung-Choi" with Preserved Tofu Sauce & Pepper 🌿	£13.50
J036	干锅土豆片	Spicy Drypot Potato 🌶️🌶️🌶️🌿	£10.50
J037	干锅花菜	Spicy Drypot Cauliflower 🌶️🌶️🌶️🌿	£10.50
J038	干锅包白菜	Spicy Drypot Cabbage 🌶️🌶️🌶️🌿	£10.50
J039	蒜蓉炒时蔬	Stir Fried Mixed Vegetable with Garlic 🌿	£10.50
J040	时蔬咖喱	Mixed Vegetable Curry 🌿	£10.50
J041	豆豉炒时蔬	Stir Fried Mixed Vegetable in Black Bean Sauce 🌿	£10.50
J042	黑椒炒时蔬	Stir Fried Mixed Vegetable with Black Pepper Sauce 🌿	£10.50

鲜蔬菜类：小唐菜，菠菜，西兰花，空心菜，大白菜，包菜，四季豆

Seasonal Vegetable: Green Pak Choi, Spinach, Broccoli, "Tung-Choi" (Water Spinach), Chinese Leaves, Cabbage, Flat Beans

蔬菜烧法：炆锅，清炒，蒜茸，腐乳，上汤，蠔油

Serving: Dried Chili, Plain, Garlic, Preserved Tofu Sauce, Preserved Egg & Crab Stick, Oyster Sauce





K001

小吃 Sides

K001	鸡汁煎饺	Pan-fried Pork Dumplings	£7.50
K002	素菜煎饺	Pan-fried Veg Dumplings 🌱	£7.50
K003	红油水饺	Boiled Pork Dumplings	£7.50
K004	素菜春卷	Vegetable Spring Rolls	£4.50
K005	金银小馒头	Steamed & Fried Mini Bun	£8.00
K006	薯条	Chips 🌱	£4.00
K007	椒盐薯条	Salt & Pepper Chips 🌱	£5.50
K008	咕嚕汁	Sweet & Sour Sauce	£1.50
K009	咖喱汁	Curry Sauce	£1.50
K010	虾片	Prawn Crackers	£1.50



K005



K007



L002



L017

主食 Rice & Noodle

L001	重庆担担面	Hot & Spicy Soup Noodle (Optional V) 🌶️🌶️	£9.50
L002	红烧牛腩面	Braised Beef Brisket Soup Noodle 🌶️🌶️	£10.50
L003	榨菜肉丝面	Pickled Vegetable with Shredded Pork Soup Noodle 🌶️	£10.50
L004	番茄鸡蛋面	Tomato & Egg Soup Noodle 🥬	£10.50
L005	炒面	Stir Fried Noodle 🥬	£5.00
L006	芽菜炒面	Stir Fried Noodle with Bean Sprout 🥬	£6.50
L007	杂菜炒面	Stir Fried Noodle with Mixed Vegetable 🥬	£9.00
L008	牛肉炒面	Stir Fried Noodle with Beef	£10.50
L009	鸡肉炒面	Stir Fried Noodle with Chicken	£10.50
L010	肉丝炒面	Stir Fried Noodle with Shredded Pork	£10.50
L011	大虾炒面	Stir Fried Noodle with King Prawn	£12.50
L012	鸭脯炒面	Stir Fried Noodle with Duck	£12.50
L013	海鲜炒面	Stir Fried Noodle with Mixed Seafood	£12.50
L014	扬州炒饭	House Special Fried Rice (Spicy / Non Spicy)	£10.50
L015	海鲜炒饭	Mixed Seafood Fried Rice (Spicy / Non Spicy)	£12.50
L016	咸鱼鸡粒炒饭	Chicken & Salted Fish Fried Rice (Spicy / Non Spicy)	£13.50
L017	黄金腊味炒饭	Cured Meat Fried Rice (Spicy / Non Spicy)	£13.50
L018	大虾炒饭	King Prawn Fried Rice (Spicy / Non Spicy)	£12.50
L019	牛肉炒饭	Beef Fried Rice (Spicy / Non Spicy)	£10.50
L020	鸡肉炒饭	Chicken Fried Rice (Spicy / Non Spicy)	£10.50
L021	杂菜炒饭	Mixed Vegetable Fried Rice	£9.00
L022	鸡蛋炒饭	Egg Fried Rice	£4.50
L023	丝苗香米	Steamed Rice	£3.20

厨师推荐 Chef Specials

M001 重庆毛血旺	Blood Pudding & Pig Intestine in Hot Chili Oil 	£18.50
M002 麻辣小火锅	Mini Hot Pot 	£18.50
M003 风味豆豉烧蛙腿	Stir Fried Frog Legs with Black Bean Sauce 	£15.50
M004 泡椒烧蛙腿	Stir Fried Frog Legs with Pickled Chili 	£15.50
M005 辣子蛙腿	Deep-fried Frog Legs with Dried Chilies 	£16.50
M006 蒜苔炒叉烧	Stir Fried Roasted Pork with Garlic Sprout	£15.50
M007 蜜汁叉烧炒蛋	Scrambled Egg with Roasted Pork	£13.50
M008 火爆鸡珍	Stir Fried Chicken Gizzards with Dried Chili 	£13.50
M009 蒜苔炒腊肉	Stir Fried Cured Meat with Garlic Sprout	£15.50
M010 西芹炒腊肉	Stir Fried Cured Meat with Celery	£15.50
M011 蹄花虾	Stir Fried Pork Trotters with King Prawn 	£18.50
M012 椒盐龙虾	Salt & Pepper Lobster 	£45.00
M013 姜葱龙虾	Stir Fried Lobster with Ginger & Onion	£45.00
M014 干锅龙虾	Drypot Lobster 	£45.00
M015 蒜蓉粉丝蒸龙虾	Steamed Lobster with Garlic & Vermicelli	£45.00
M016 香辣龙虾	Sauteed Lobster with Chili 	£45.00
M017 椒盐软壳蟹	Salt & Pepper Soft Shell Crabs 	£18.50
M018 金沙软壳蟹	Deep-Fried Soft Shell Crabs with Salted Egg	£20.50
M019 椒盐老虎虾	Salt & Pepper Tiger King Prawn 	each £12.00
M020 明炉烧鸭	Cantonese Style Roasted Duck	Half £18.50 Whole £35.00
M021 蜜汁叉烧	Roasted Barbecue Pork (Char Siu)	£15.50
M022 脆皮烧肉	Crispy Roasted Pork Belly	£15.50
M023 烧腊双拼	Char Siu & Crispy Roasted Pork Belly	£15.50
M024 火腩鱼蛋豆腐煲	Braised Tofu & Fish Balls with Roasted Pork Belly	£16.50

厨师推荐 Chef Specials



明炉烧鸭 M020
Cantonese Style Roasted Duck



蜜汁叉烧 M021
Roasted Barbecue Pork
(Char Siu)



脆皮烧肉 M022
Crispy Roasted Pork Belly



M001 重庆毛血旺
Blood Pudding in Hot Chili Oil



麻辣香锅 / 重庆烤鱼

Szechuan Drypot / Grilled Fish

香锅仔鸡	Spicy Chicken Drypot 🌶️🌶️🌶️	£28.00
香锅排骨	Spicy Pork Ribs Drypot 🌶️🌶️🌶️	£28.00
香锅牛杂	Spicy Beef Offal Drypot (<i>Beef Tripe, OX Tripe & Beef Tendon</i>) 🌶️🌶️🌶️	£28.00
香锅蛙腿	Spicy Frog Leg Drypot 🌶️🌶️🌶️	£35.00
香锅鱿鱼虾	Spicy Squid & King Prawn Drypot 🌶️🌶️🌶️	£38.00
香锅肉蟹	Spicy Crab Drypot 🌶️🌶️🌶️	£36.00
香锅龙虾	Spicy Lobster Drypot 🌶️🌶️🌶️	£45.00
牛腩汤锅	Spicy Braised Beef Brisket Pot 🌶️🌶️🌶️	£32.00
特色烤鱼	Szechuan Spicy Grilled Fish 🌶️🌶️🌶️	£30.00
麻辣羊排锅	Spicy Lamb Ribs Pot 🌶️🌶️🌶️	£35.00



四川火锅, 麻辣香锅, 麻辣烫, 冒菜 (5样配菜做起)

配菜 Garnish

粉丝 Vermicelli	£4.00	香菇 Chinese Mushroom	£4.00
木耳 Black Fungus	£4.00	腐竹 Bean Curd Stick	£4.00
海带 Kelp	£4.00	豆腐皮 Bean Curd Sheet	£4.00
猪血 Coagulated Pig Blood	£4.00	油豆腐 Fried Bean Curd	£4.00
豆腐 Tofu (Bean Curd)	£4.00	年糕 Rice Cake	£4.50
冻豆腐 Frozen Tofu	£4.00	宽薯粉 Potato Noodle	£4.00
豆干 Dried Tofu	£4.00	乌冬粉 Udon Noodle	£4.50
竹笋 Bamboo Shoot	£4.00	公仔面 Egg Noodle	£2.50

时令蔬菜 Fresh Seasonal Vegetable

菠菜 Spinach	£5.00	大白菜 Chinese Leaves	£4.00
生菜 Lettuce	£5.00	包白菜 Cabbage	£4.00
香菜 Coriander	£5.00	土豆片 Sliced Potato	£4.00
香芋头 Taro Slices	£5.00	青瓜 Cucumber	£4.00
鲜藕片 Lotus Root	£5.00	白萝卜 White Mooli	£4.50
空心菜 "Tung-Choi" (Water Spinach)	£5.00	冬瓜 Winter Melon	£5.00
金针菇 Enoki Mushroom	£4.50	西兰花 Broccoli	£4.50
		白花菜 Cauliflower	£4.50

海鲜 / 肉类 Seafood / Poultry

鸡胗片 Chicken Gizzards	£5.00	龙虾丸 Lobster Balls	£5.50
猪肚条 Pork Tripe	£5.00	牛筋丸 Beef Tendon Balls	£5.00
青蛙腿 Frog Legs	£5.00	牛肉丸 Beef Balls	£5.00
午餐肉 Luncheon Meat	£5.00	鲜鱼丸 Fish Balls	£5.00
五花肉 Pork Belly	£5.00	鲜鱼片 Fish Fillet	£5.00
鲜牛筋 Beef Tendon	£5.50	蟹肉条 Crab Stick	£5.00
金钱肚 Beef Tripe	£5.00	八爪鱼 Baby Octopus	£5.00
牛百叶 OX Tripe	£5.00	鲜鱿鱼 Squid	£5.00
嫩羊肉 Lamb Tenderloin	£5.00	青口 Mussel	£8.50
嫩牛肉 Beef Tenderloin	£5.00	鲈鱼 Seabass	£18.00
鸡中翅 Chicken Wings	£5.00	鲜虾 King Prawns	£13.50
滑鸡丁 Diced Chicken Breast	£5.00	活蟹 Crab	£16.00
嫩仔鸡 Diced Chicken	£5.00	带子 Scallop	each £4.00
豆腐丸 Fish Tofu Balls	£5.00	龙虾 Lobster	each £42.00

满庭红
正|宗|的 美|味|的

电话: 0114 272 1332

地址: 3 Rockingham Gate, Sheffield, S1 4JD



Please inform a member of staff if you have any food allergy or intolerance.

(V) Dish is suitable for vegetarians. Many of our dishes can be made vegetarian - friendly, make sure you ask our staff for more information.

Every product in every dish we serve is made right here, no central kitchen, just real cooking.
As each dish is cooked to order, variations do occur.

